

MONDAY JULY 12, 2021

7:00am	Doors Open
7:30am	Regional Reps Meeting
8:00am	All Skaters Registration
	Practice For Elite Individual Events
8:30	Junior and Senior Ladies
8:40	Junior Men
8:50	Senior Men
9:00	Junior and Senior Ladies
9:10	Junior Men
9:20	Senior Men
9:30	Speed Tabulators Seminar
9:30	Sophomore Women
9:40	Sophomore Men
9:50	Freshman Girls
10:00	Freshman Boys
10:10	Sophomore Ladies
10:20	Sophomore Men
10:30	Freshman Girls
10:40	Freshman Boys
10:50	Classic and Grand Classic Ladies
11:00	Classic and Grand Classic Men
11:10	Master and Grand Masters Ladies
11:20	Master and Grand Masters Men
11:30	Classic and Grand Classic Ladies
11:40	Classic and Grand Classic Men
11:50	Master and Grand Master Ladies
12:00	Master and Grand Master Men
12:10	Veteran and Grand Veteran Ladies
12:20	Esquire and Grand Esquire Ladies Premier Ladies
12:30	Veteran and Grand Veteran Men
12:40	Esquire and Grand Esquire Men Premier Men
12:50	Veteran and Grand Veteran Ladies
1:00	Esquire and Grand Esquire Ladies Premier Ladies
1:10	Veteran and Grand Veteran Men
1:20	Esquire and Grand Esquire Men Premier Men
1:30	Elementary Girls
1:40	Elementary Boys
1:40	MEET DIRECTORS SEMINAR
1:50	Primary Girls and Primary Boys
2:00	Elementary Girls
2:10	Elementary Boys
2:20	Primary Girls and Primary Boys
2:30	Juvenile Girls
2:40	Juvenile Boys
2:50	Tiny Tot Girls and Tiny Tot Boys
3:00	Juvenile Girls
3:10	Juvenile Boys
3:20	Tiny Tot Girls and Tiny Tot Boys
3:30	Speed Coaches Meeting
4:00	Speed Officials Meeting
5:00	Hall Of Fame & Honors Reception

TUESDAY JULY 13, 2021

		MIDDLE DISTANCE HEATS & SEMIS		
8:00		Doors Open		
8:30	101-105	Freshman Girls	500m	5 Heats
	106-110	Sophomore Ladies	1000m	5 Heats
	111-114	Sophomore Men	1000m	4 Heats
	115-118	Freshman Boys	500m	4 Heats
9:35	119-122	Elementary Girls	500m	4 Heats
	123-125	Elementary Boys	500m	3 Heats
	126-128	Juvenile Boys	300m	3 Heats
	129-131	Junior Ladies	1000m	3 Heats
	132-134	Junior Men	1000m	3 Heats
10:20	135-137	Senior Men	1500m	3 Heats
	138-140	Freshman Girls	500m	3 Quarters
	141-143	Sophomore Ladies	1000m	3 Quarters
11:30	144-145	Classic Men	1000m	2 Heats
	146-147	Master Men	1000m	2 Heats
	148-149	Grand Master Men	1000m	2 Heats
	150-151	Grand Veteran Men	700m	2 Heats
12:10	152-153	Esquire Men	700m	2 Heats
	154-155	Primary Girls	300m	2 Heats
	156-157	Primary Boys	300m	2 Heats
	158-159	Juvenile Girls	300m	2 Heats
	160-161	Juvenile Boys	300m	2 Semis
12:35	162-163	Elementary Girls	500m	2 Semis
	164-165	Elementary Boys	500m	2 Semis
	166-167	Freshman Girls	500m	2 Semis
	168-169	Freshman Boys	500m	2 Semis
1:00	170-171	Sophomore Ladies	1000m	2 Semis
	172-173	Sophomore Men	1000m	2 Semis
	174-175	Junior Ladies	1000m	2 Semis
1:30	176-177	Junior Men	1000m	2 Semis
	178-179	Senior Ladies	1000m	2 Heats
	180-181	Senior Men	1500m	2 Semis
2:15		CLEAR BUILDING		
5:00		DOORS OPEN		
		MIDDLE DISTANCE FINALS		
5:30	182	Tiny Tot Girls	200m	Final
	183	Tiny Tot Boys	200m	Final
	184	Primary Girls	300m	Final
	185	Primary Boys	300m	Final
5:45	186	Juvenile Girls	300m	Final
	187	Juvenile Boys	300m	Final
	188	Elementary Girls	500m	Final
	189	Elementary Boys	500m	Final
	190	Freshman Girls	500m	Final
	191	Freshman Boys	500m	Final
		AWARDS		
6:40	192	Classic Ladies	1000m	Final
	193	Classic Men	1000m	Final
	194	Grand Classic Ladies	1000m	Final
	195	Grand Classic Men	1000m	Final
7:00	196	Master Ladies	700m	Final
	197	Master Men	1000m	Final
	198	Grand Master Ladies	700m	Final
	199	Grand Master Men	1000m	Final

THURSDAY JULY 15, 2021

RELAY PRACTICE

7:00 Doors Open

7:30	Primary Relays
7:40	Elementary Relays
7:50	Primary Relays
8:00	Elementary Relays
8:10	Elementary Relays
8:20	Sophomore Relays
8:30	Senior Relays
8:40	Sophomore Relays
8:50	Senior Relays
9:00	Classic Relays
9:10	Master Relays
9:20	Classic Relays
9:30	Master Relays
9:40	Veteran Relays
9:50	Esquire Relays
10:00	Veteran Relays
10:10	Esquire Relays

CLEAR BUILDING

12:00 Doors Open

12:30	374-375	Classic Men	2000m	2 Heats
	376-377	Master Men	1500m	2 Heats
	378-379	Grand Master Men	1500m	2 Heats
	380-381	Grand Veteran Men	1000m	2 Heats
	382-383	Esquire Men	1000m	2 Heats
1:30	384-385	Primary Girls	400m	2 Heats
	386-387	Primary Boys	400m	2 Heats
	388-389	Juvenile Girls	500m	2 Semis
	390-391	Juvenile Boys	500m	2 Semis
1:55	392-393	Elementary Girls	700m	2 Semis
	394-395	Elementary Boys	700m	2 Semis
	396-397	Freshman Girls	1000m	2 Semis
	398-399	Freshman Boys	1000m	2 Semis
2:30	400-401	Sophomore Ladies	1500m	2 Semis
	402-403	Sophomore Men	1500m	2 Semis
	404-405	Junior Ladies	1500m	2 Semis
	406-407	Junior Men	2000m	2 Semis
3:30	408-409	Senior Ladies	2000m	2 Heats
	410-411	Senior Men	3000m	2 Semis

5:30 DOORS OPEN

LONG DISTANCE FINALS

6:00	412	Tiny Tot Girls	300m	Final
	413	Tiny Tot Boys	300m	Final
	414	Primary Girls	400m	Final
	415	Primary Boys	400m	Final
	416	Juvenile Girls	500m	Final
	417	Juvenile Boys	500m	Final
6:15	418	Elementary Girls	700m	Final
	419	Elementary Boys	700m	Final

420	Freshman Girls	1000m	Final
421	Freshman Boys	1000m	Final

AWARDS

7:00	422	Classic Ladies	1500m	Final
	423	Classic Men	2000m	Final
	424	Grand Classic Ladies	1500m	Final
	425	Grand Classic Men	2000m	Final
7:30	426	Master Ladies	1000m	Final
	427	Master Men	1500m	Final
	428	Grand Master Ladies	1000m	Final
	429	Grand Master Men	1500m	Final
7:50	430	Veteran Ladies	1000m	Final
	431	Veteran Men	1000m	Final
	432	Grand Veteran Ladies	1000m	Final
	433	Grand Veteran Men	1000m	Final
8:05	434	Esquire Ladies	1000m	Final
	435	Esquire Men	1000m	Final
	436	Grand Esquire Ladies	1000m	Final
	437	Grand Esquire Men	1000m	Final
	438	Premier Ladies	1000m	Final
	439	Premier Men	1000m	Final
8:30	440	Sophomore Ladies	1500M	Final
	441	Sophomore Men	1500M	Final
	442	Junior Ladies	1500M	Final
	443	Junior Men	2000M	Final
	444	Senior Ladies	2000M	Final
	445	Senior Men	3000M	Final

AWARDS

CLEAR BUILDING

FRIDAY JULY 16, 2021

Doors Open

8:00	446-449	Sophomore 2 Lady	2000m	4 Heats
	450-452	Sophomore 2 Man	3000m	3 Heats
9:00	453-454	Elementary 2 Girl	2000m	2 Heats
	455-456	Elementary 2 Boy	2000m	2 Heats
9:35	457-458	Senior 2 Lady	3000m	2 Heats
	459-460	Senior 2 Man	5000m	2 Heats
10:15	461-462	Esquire 2 Man	2000m	2 Heats
	463-464	Sophomore 2 Lady	2000m	2 Semis
	465-466	Sophomore 2 Man	3000m	2 Semis

BREAK

11:30	467-468	Freshman 4 Girl	2000m	2 Heats
	469-470	Senior 4 Lady	4000m	2 Heats
	471-472	Senior 4 Man	4000m	2 Heats

BREAK

1:00	473-475	Elementary 2 Mix	2000m	3 Heats
	476-481	Sophomore 2 Mix	3000m	6 Heats
1:45	482-484	Senior 2 Mix	3000m	3 Heats
	485-486	Classic 2 Mix	2000m	2 Heats
	487-488	Master 2 Mix	2000m	2 Heats

BREAK

2:30	489-490	Elementary 2 Mix	2000m	2 Semis	12:25	545	Esquire 2 Mix	2000m	Final
	491-493	Sophomore 2 Mix	3000m	3 Quarters		546	Sophomore 2 Mix	3000m	Final
	494-495	Senior 2 Mix	3000m	2 Semis		547	Senior 2 Mix	3000m	Final
CLEAR BUILDING					CLEAR BUILDING				
5:30	DOORS OPEN				3:00	DOORS OPEN			
	RELAY FINALS				3:30	548-550	Senior 4 Mix	4000m	3 Heats
6:00	496-497	Sophomore 2 Mix	3000m	2 Semis		551-552	Freshman 4 Mix	2000m	2 Heats
	498	Primary 2 Girl	1200m	Final	BREAK				
	499	Primary 2 Boy	1200m	Final	4:45	553-554	Senior 4 Mix	4000m	2 Semis
	500	Elementary 2 Girl	2000m	Final		555	Juvenile 4 Mix	1200m	Final
	501	Elementary 2 Boy	2000m	Final	5:30	556	Master 4 Mix	2000m	Final
6:50	502	Classic 2 Lady	2000m	Final		557	Freshman 4 Mix	2000m	Final
	503	Classic 2 Man	3000m	Final		558	Senior 4 Mix	4000m	Final
	504	Master 2 Lady	2000M	Final	BREAK				
	505	Master 2 Man	2000M	Final	6:30	559-560	Freshman 3 Girl	2100m	2 Heats
7:25	506	Veteran 2 Lady	2000M	Final		561-562	Freshman 3 Boy	2100m	2 Heats
	507	Veteran 2 Man	2000M	Final	7:10	563-564	Senior 3 Lady	3000m	2 Heats
	508	Esquire 2 Lady	2000M	Final		565-566	Senior 3 Man	3000m	2 Heats
	509	Esquire 2 Man	2000M	Final	7:55	567	Veteran 3 lady	2100m	Final
7:55	510	Sophomore 2 Lady	2000m	Final		568	Veteran 3 Man	2100m	Final
	511	Sophomore 2 Man	3000m	Final		569	Master 3 Lady	3000m	Final
	512	Senior 2 Lady	3000m	Final		570	Master 3 Man	3000m	Final
	513	Senior 2 Man	5000m	Final	8:45	571	Freshman 3 Girl	2100m	Final
8:30	514	Juvenile 4 Girl	1200m	Final		572	Freshman 3 Boy	2100m	Final
	515	Juvenile 4 Boy	1200m	Final		573	Senior 3 Lady	3000m	Final
	516	Freshman 4 Girl	2000m	Final		574	Senior 3 Man	4500m	Final
	517	Freshman 4 Boy	2000m	Final	AWARDS				
9:00	518	Master 4 Lady	2000m	Final	CLEAR BUILDING				
	519	Master 4 Man	2000m	Final	SUNDAY JULY 18, 2021				
	520	Senior 4 Lady	4000m	Final	WARM UP QUADS				
	521	Senior 4 Man	4000m	Final	Doors Open				
AWARDS					6:30				
SATURDAY JULY 17, 2021					7:00	Primary / Elementary Girls			
RELAY HEATS					7:10	Primary / Elementary Boys			
DOORS OPEN					7:20	Primary / Elementary Girls			
8:00					7:30	Primary / Elementary Boys			
	522-524	Freshman 3 Mix	2100m	3 Heats	7:40	Freshman / Junior Ladies			
	525-528	Senior 3 Heats	3000m	4 Heats	7:50	Freshman / Junior Men			
	529-530	Juvenile 3 Person	1200m	2 Heats	8:00	Freshman / Junior Ladies			
BREAK					8:10	Freshman / Junior Men			
9:30	531-532	Freshman 3 Mix	2100m	2 Semis	8:20	Senior / Classic Ladies			
	533-534	Senior 3 Mix	3000m	2 Semis	8:30	Senior / Classic Men			
BREAK					8:40	Senior / Classic Ladies			
10:30	535	Juvenile 3 Person	1200m	Final	8:50	Senior / Classic Men			
	536	Master 3 Mix	3000m	Final	9:00	Master / Veteran Ladies			
	537	Veteran 3 Mix	2100m	Final	9:10	Master / Veteran Men			
	538	Freshman 3 Mix	2100m	Final	9:20	Master / Veteran Ladies			
	539	Senior 3 Mix	3000m	Final	9:30	Master / Veteran Men			
11:35	540	Primary 2 Mix	1200m	Final	9:40	Esquire / Premier Ladies			
	541	Elementary 2 Mix	2000m	Final	9:50	Esquire / Premier Men			
	542	Classic 2 Mix	2000m	Final	10:00	Esquire / Premier Ladies			
12:00	543	Master 2 Mix	2000m	Final	10:10	Esquire / Premier Men			
	544	Veteran 2 Mix	2000m	Final	CLEAR BUILDING				

SUNDAY JULY 18, 2021 CONTINUED
QUAD MIDDLE DISTANCE

Time	Event	Distance	Heats
11:00	DOORS OPEN		
11:30	575-576 Esquire Men	500m	2 Heats
	577 Primary Girls	300m	Final
	578 Primary Boys	300m	Final
	579 Elementary Girls	500m	Final
	580 Elementary Boys	500m	Final
11:50	581 Freshman Girls	500m	Final
	582 Freshman Boys	500m	Final
	583 Classic Ladies	1000m	Final
	584 Classic Men	1000m	Final
12:20	585 Master Ladies	700m	Final
	586 Master Men	700m	Final
	587 Veteran Ladies	500m	Final
	588 Veteran Men	500m	Final
12:40	589 Esquire Ladies	500m	Final
	590 Esquire Men	500m	Final
	591 Premier Ladies	500m	Final
	592 Premier Men	500m	Final
12:55	593 Junior Ladies	1000m	Final
	594 Junior Men	1000m	Final
	595 Senior Ladies	1000m	Final
	596 Senior Men	1500m	Final
	QUAD SPRINT DISTANCE		
1:20	597-598 Esquire Men	300m	2 Heats
	599 Primary Girls	200m	Final
	600 Primary Boys	200m	Final
	601 Elementary Girls	300m	Final
	602 Elementary Boys	300m	Final
1:35	603 Freshman Girls	300m	Final
	604 Freshman Boys	300m	Final
	605 Classic Ladies	500m	Final
	606 Classic Men	500m	Final
1:50	607 Master Ladies	300m	Final
	608 Master Men	300m	Final
	609 Veteran Ladies	300m	Final
	610 Veteran Men	300m	Final
2:05	611 Esquire Ladies	300m	Final
	612 Esquire Men	300m	Final
	613 Premier Ladies	300m	Final
	614 Premier Men	300m	Final
2:25	615 Junior Ladies	500m	Final
	616 Junior Men	500m	Final
	617 Senior Ladies	500m	Final
	618 Senior Men	500m	Final
	QUAD LONG DISTANCE		
2:40	619-620 Esquire Men	700m	2 Heats
	621 Primary Girls	400m	Final
	622 Primary Boys	400m	Final
	623 Elementary Girls	700m	Final
	624 Elementary Boys	700m	Final

2:55	625 Freshman Girls	1000m	Final
	626 Freshman Boys	1000m	Final
	627 Classic Ladies	2000m	Final
	628 Classic Men	2000m	Final
3:30	629 Master Ladies	1000m	Final
	630 Master Men	1000m	Final
	631 Veteran Ladies	700m	Final
	632 Veteran Men	700m	Final
3:55	633 Esquire Ladies	700m	Final
	634 Esquire Men	700m	Final
	635 Premier Ladies	1000m	Final
	636 Premier Men	1000m	Final
4:20	637 Junior Ladies	1500m	Final
	638 Junior Men	1500m	Final
	639 Senior Ladies	2000m	Final
	640 Senior Men	2000m	Final

AWARDS
CLEAR BUILDING
MONDAY JULY 19, 2021

Time	Event	Distance	Final
	QUAD RELAYS		
	DOORS OPEN		
8:00			
8:30	641 Juvenile 2 Boy	1200m	Final
	642 Freshman 2 Girl	2000m	Final
	643 Master 2 Lady	2000m	Final
	644 Master 2 Man	2000m	Final
9:10	645 Veteran 2 Lady	2000m	Final
	646 Veteran 2 Man	2000m	Final
	647 Esquire 2 Lady	2000m	Final
	648 Esquire 2 Man	2000m	Final
9:50	649 Senior 2 lady	3000m	Final
	650 Senior 2 Man	5000m	Final
	AWARDS		
10:50	651 Freshman 2 Mix	1200m	Final
	652 Classic 2 Mix	2000m	Final
	653 Master 2 Mix	2000m	Final
11:30	654 Veteran 2 Mix	2000m	Final
	655 Esquire 2 Mix	2000m	Final
	656 Senior 2 Mix	3000m	Final
	AWARDS		
12:30	657 Master 3 Mix	1500m	Final
	658 Freshman 3 Mix	1200m	Final
	659 Senior 3 Mix	3000m	Final
	AWARDS		
1:15	660 Master 3 Lady	1500m	Final
	661 Master 3 Man	1500m	Final
	662 Freshman 3 Girl	1200m	Final
	663 Senior 3 Lady	3000m	Final
	664 Senior 3 Man	3000m	Final

AWARDS