

USARS Speed Committee March 2018 Bulletin #1

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ADDITION OF AN AGE DIVISION TO QUAD AND INLINE REMINDER.

Elite Indoor Inline Speed Skating Competitive Divisions addition
Premier 65 & older 500m, 700m, 1000m

For a full list of all USARS Inline age divisions for both Female and Male See **SR111** .

Elite Indoor Quad Speed Skating Competitive Divisions addition
Premier 65 & older 500m, 700m, 1000m

For a full list of all USARS Quad age divisions for both Female and Male See **SR131** .

3 PERSON RELAY RULES REMINDER.

SR115 Elite Indoor Three Person Relay Speed Skating Competitive Divisions
SR115.1 3-Person Relays – Elite Program (No Novice Events)

Relays shall not permit split club affiliation. Elite relays must consist of skaters who are all from the same club of registration, or all who are in unattached status.

- Juvenile 3 Person 9 & under 1200m
- Freshman 3 Boy 10-13 3000m
- Freshman 3 Girl 10-13 3000m
- Freshman 3 Mix 10-13 3000m
- Senior 3 Man 14 & older 6000m
- Senior 3 Woman 14 & older 4500m
- Senior 3 Mix 14 & older 4500m
- Master 3 Man 35 & older 4500m
- Master 3 Woman 35 & older 3000m
- Master 3 Mix 35 & older 3000m

SR505.9 The 3 person relay will have a maximum of 2 rounds which are qualifiers to skate the 3 person final. An elimination heat and or semi final heat. Only the winners of each heat proceeds directly to the next round or the final. The other skaters are qualified by the times they received in each of those heats to proceed to the next round or the final.

3 person relays

6 into final unless to start there are 7 teams then 7 will skate the final

# of Teams	<u>Heats</u>				<u>Semi Final</u>			<u>Final</u>
	Heats	Place	Time	Teams to Qualify	Heats	Place	Time	# in final
7								7
8 - 14					2 * 6-7	1	4	6
15 - 21					3 * 6-7	1	3	6
22 - 28	4 * 6-7	1	8	12	2 * 6	1	4	6
29 - 35	5 * 6-7	1	7	12	2 * 6	1	4	6
36 - 40	6 * 6-7	1	6	12	2 * 6	1	4	6
41 - 45	7 * 6-7	1	5	12	2 * 6	1	4	6

SR 144 Inline Three Person Relays

There are only elite divisions established for Inline Three-Person Relays for inline skates. These are as follows:

1. Juvenile Relays

- A. **Three PERSON.** 3 Girls or 3 Boys or any combination of either boy or girl. Both skating a total distance of 1500m. Each skater to skate a total of 100m before relaying with another. All skaters shall relay every lap.

2. Freshman Relays

- A. **Three Man** - (Elementary & Freshman) Three Men skating a total distance of 3000m. Each man skates a continuous 100m before relaying with another. All skaters shall relay every lap.
- B. **Three Lady** - (Elementary & Freshman) Three Ladies skating a total distance of 3000m. Each lady skates a continuous 100m before relaying with another. All skaters shall relay every lap.
- C. **Three Mixed** - (Elementary & Freshman) Any combination of male and female, but no teams of the same gender. Skating a total distance of 3000m. Each member skates a continuous 100m before relaying with another; ladies start. Ladies skate their 100m before the men skate their 100m. All skaters shall relay every lap.

3. Senior Relays

- A. **Three Man** - (Soph, Jr, Sr, Classic) Three Men skating a total distance of 6000m. Each man skates a continuous 100m before relaying with another. All skaters shall relay every lap.
- B. **Three Lady** - (Soph, Jr, Sr, Classic) Three Ladies skating a total distance of 4500m. Each lady skates a continuous 100m before relaying with another. All skaters shall relay every lap.
- C. **Three Mixed** - (Soph, Jr, Sr, Classic) Any combination of male and female, but no teams of the same gender. Skating a total distance of 4500m. Each member skates a continuous 100m before relaying with another; ladies start. Ladies skate their 100m before the men skate their 100m. All skaters shall relay every lap.

4. Master Relays

- A. **Three Man** - (Master & Above) Three Men skating a total distance of 4500m. Each man skates a continuous 100m before relaying with another. All skaters shall relay every lap.
- B. **Three Lady** - (Master & Above) Three Ladies skating a total distance of 3000m. Each lady skates a continuous 100m before relaying with another. All skaters shall relay every lap.
- C. **Three Mixed** - (Master & Above) Any combination of male and female, but no teams of the same gender. Skating a total distance of 3000m. Each member skates a continuous 100m before relaying with another; ladies start. Ladies skate their 100m before the men skate their 100m. All skaters shall relay every lap.