

**USA ROLLER SPORTS 2019 OUTDOOR NATIONAL INLINE SPEED SKATING CHAMPIONSHIPS**  
**USOC Velodrome, Colorado Springs, CO (Track). (Road) To Be Determined**  
**TENTATIVE SCHEDULE updated 3/4/19**

**USA ROLLER SPORTS 2019 OUTDOOR NATIONAL CHAMPIONSHIPS TENTATIVE SCHEDULE**  
**May 7<sup>th</sup>-May 14<sup>th</sup>, 2019**

**Tuesday, May 7<sup>th</sup>, 2019**

7:30am **Gates Open**  
 8-11 am Practice (\$10 per day for one or both practices)  
 8-11 am Athlete's Orientation/Helmet Check  
 8-11 am Final Track Instruction/Observation for Regional Level 1  
 4:30 pm **Gates Open**  
 5-8 pm Practice  
 5-8 pm Athlete's Orientation/Helmet Check  
 5-8 pm Final Track Instruction/Observation for Regional Level 1

**Wednesday, May 8<sup>th</sup>, 2019**

7:30 am **Gates Open**  
 8-11 am Practice (\$10 per day for one or both practices)  
 8-11 am Athlete's Orientation/Helmet Check  
 8-11 am Final Track Instruction/Observation for Regional Level 1  
 4:30 pm **Gates Open**  
 5-8 pm Practice  
 5-8 pm Athlete's Orientation/Helmet Check  
 5-8 pm Final Track Instruction/Observation for Regional Level 1

**Thursday, May 9<sup>th</sup>, 2019**

8:00 **Gates Open**  
 8:30am Athletes' meeting  
 Coaches' meeting  
 Officials' meeting

**12:30pm Gates Open**

**1:00pm Warm-up - Junior World Class Women & Men**

Junior World Class Women	200m. Dual Time Trial Qualifyings (12 to final)	
Junior World Class Men	200m. Dual Time Trial Qualifyings (12 to final)	

**Warm-up – Senior World Class Women & Men**

Senior World Class Women	200m. Dual Time Trial Qualifyings (12 to final)	
Senior World Class Men	200m. Dual Time Trial Qualifyings (12 to final)	

**Warm-up – Senior World Class Women & Men**

Junior World Class Women	200m. Dual Time Trial	Final
Junior World Class Men	200m. Dual Time Trial	Final
Senior World Class Women	200m. Dual Time Trial	Final
Senior World Class Men	200m. Dual Time Trial	Final

**PRACTICE Time TBD Practice (\$10 for this practice )**

**7:35 pm Warm-up – Junior World Class Women & Men**

Junior World Class Women	10k Elimination	Final
Junior World Class Men	10k Elimination	Final

**Warm-up – World Class Women & Men**

Senior World Class Women	10k Elimination	Final
Senior World Class Men	10k Elimination	Final

**END OF DAYS EVENTS**

**USA ROLLER SPORTS 2019 OUTDOOR NATIONAL INLINE SPEED SKATING CHAMPIONSHIPS**  
**USOC Velodrome, Colorado Springs, CO (Track). (Road) To Be Determined**  
**TENTATIVE SCHEDULE updated 3/4/19**

**Friday, May 10<sup>th</sup>, 2019**

**TRACK CHAMPIONSHIPS (Velodrome)**

**7:00 am Gates Open**

7:45 am Primary, Juvenile, Freshmen & Masters Orientation (at track)

Primary, Juvenile, Freshmen & Masters Registration (at track)

7:45 am Practice – Primary, Juvenile, Freshmen & Masters

Final Track Instruction/Observation for Regional Level 1 Primary, Juvenile, Freshmen & Masters during practice.

**10:00 am Opening Ceremonies (Velodrome)**

**Awards for the Prior Nights events 10K Elims & 200m Dual Time Trial**

**WARM-UP ALL WORLD CLASS DIVISIONS**

Junior World Class Women 1000m Heats

Junior World Class Men 1000m Heats

Senior World Class Women 1000m Heats

Senior World Class Men 1000m Heats

**Quarter Finals for the World Class 1000m will be placed accordingly if needed**

**11:30am Warm-up for Primary - Master**

Primary, Juvenile, Freshmen & Masters 200m. Dual Time Trial Finals

Junior World Class Women 1000m Semi Finals

Junior World Class Men 1000m **Quarter or Semi Finals**

Senior World Class Women 1000m Semi Finals

Senior World Class Men 1000m **Quarter or Semi Finals**

Primary Girls and Boys 2000m pts Final

**Juvenile Girls and Boys 3k?? 2000m pts Final**

Freshman Girls and Boys 5000m pts Final

Junior World Class Women 1000m Final

Junior World Class Men 1000m **Semi Final**

Senior World Class Women 1000m Final

Senior World Class Men 1000m **Semi Final**

**IF NEEDED HEATS Masters M/F 1500m Heats TBD**  
**(Separate races 25-34, 35-44, 45-54, 55 & older)**

Junior World Class Women 1000m Final

Junior World Class Men 1000m Final

Senior World Class Women 1000m Final

Senior World Class Men 1000m Final

**Break**

**5:00pm Warm-up for Masters**

Masters Women & Men 1500m Final

(Separate races 25-34, 35-44, 45-54, 55 & older)

Junior World Class Women 10k Points Final

Junior World Class Men 10k Points Final

Senior World Class Women 10k Point Final

Senior World Class Men 10k Point Final

**Awards**

**End of Days Events**

**USA ROLLER SPORTS 2019 OUTDOOR NATIONAL INLINE SPEED SKATING CHAMPIONSHIPS**  
**USOC Velodrome, Colorado Springs, CO (Track). (Road) To Be Determined**  
**TENTATIVE SCHEDULE updated 3/4/19**

**Saturday, May 11<sup>th</sup>, 2019**

**TRACK CHAMPIONSHIPS (Velodrome)**

<b>7:00 am</b>	<b>Gates Open</b>		
<b>7:20 am</b>	<b>ALL DIVISIONS WARM UP PRIMARY, JUVENILE, FRESHMAN, MASTER and WORLD CLASS.</b>		
8:00am	Junior World Class Women and Men	500m Plus D	Heats
	Senior World Class Women and men	500m Plus D	Heats
8:45am	Masters Women & Men	500m Plus D	Heats TBD
	(Separate races 25-34, 35-44, 45-54, 55 & older)		
	Freshman Girls	500m Plus D	Heats
	Freshman Boys	500m Plus D	Heats
	Juvenile Girls & Boys	500m Plus D	Heats
	Primary Girls & Boys	500m Plus D	Heats TBD
	Junior World Class Women & Men	500m Plus D	Quarter Finals TBD
	Senior World Class Women & Men	500m Plus D	Quarter Finals TBD
	Freshman Girls	500m Plus D	semis
	Freshman Boys	500m Plus D	semis
	Masters Women & Men	500m Plus D	Final
	(Separate races 25-34, 35-44)		
	Junior World Class Women & Men	500m Plus D	Semis
	Senior World Class Women & Men	500m Plus D	Semis
	Masters Women & Men	500m Plus D	Final
	(Separate races 45-54, 55 & older)		
	Primary Girls & Boys	500m Plus D	Final
	Juvenile Girls & Boys	500m Plus D	Final
	Freshman Girls & Boys	500m Plus D	Final
	Junior World Class Women & Men	500m Plus D	Final
	Senior World Class Women & Men	500m Plus D	Final
	Masters Women (25-34, 35-44)	2000m pts	Final
	Masters Men (25-34, 35-44)	5000m pts	Final
	Masters Women (45-54, 55 & up)	2000m pts	Final
	Masters Men (45-54, 55 & up)	5000m pts	Final

**Awards - End of Track Championships**

**USA Pan American Team :: Qualifying Events to be placed for Jr. and Sr. athletes to tryout some time during Track events.**

Junior athletes that are ages 15, 16, 17 End of December 2019 will lose their Junior eligibility to compete as a Junior athlete at events Nationally, Internationally and at future World Championships as a Junior athlete if they make the Pan Am Team and compete at the 2019 Pan Am Games in August of 2019 .

**Exception::** Junior athletes that **are age 18 End of December 2019** qualifying and competing as a members of the USA Pan Am Team August 2019 are okay to compete, it is their last year as an eligible Junior athlete. If this Junior athlete has also qualified for the 2019 USARS USA Junior World Team they are eligible able to compete at the 2019 World Championships which occurs before the 2019 Pan AM Games.

**NOTE: HOWEVER,** that athlete has lost their Junior eligibility for the remainder of the 2019 competitive year after competing at the 2019 Pan AM Games.

**Saturday, May 11<sup>th</sup>, 2019**

**To be determined (TBD) start of ROAD CHAMPIONSHIPS**

**\*\*TBD Road Practice Time to Be determined. TBD Start of Road 100m Timed events for the Primary through Masters**

*Current Weather forecast will dictate the start of day ("Road Course Opens") as early as 6am or as late as 8am Dependent of that time the schedule will be adjusted accordingly. Athletes should be prepared to compete in the rain. Storm type weather and snow will create a delay and possible utilization of the rain/weather day on Monday May 13<sup>st</sup>, 2019 for the Primary, Juvenile, Freshman and Master athletes, and Tuesday May 14<sup>nd</sup>, 2019 for the World Class Athletes.*

**\*\*Master through Primary 100m warm-up**

Juvenile Girls	100m Sprint	Heats TBD
Juvenile Boys	100m Sprint	Heats TBD
Freshman Girls	100m Sprint	Heats TBD
Freshman Boys	100m Sprint	Heats TBD
Masters Women	100m Sprint	Heats TBD

# USA ROLLER SPORTS 2019 OUTDOOR NATIONAL INLINE SPEED SKATING CHAMPIONSHIPS

USOC Velodrome, Colorado Springs, CO (Track). (Road) To Be Determined

TENTATIVE SCHEDULE updated 3/4/19

Masters Men	100m Sprint	Heats TBD
Primary Girls	100m Sprint	Final
Primary Boys	100m Sprint	Final
Juvenile Girls	100m Sprint	Final
Juvenile Boys	100m Sprint	Final
Freshman Girls	100m Sprint	Final
Freshman Boys	100m Sprint	Final
Masters Women	100m Sprint	Final

TBD Road Practice all divisions IF TIME PERMITS

**Sunday, May 12<sup>th</sup>, 2019**

**ROAD CHAMPIONSHIPS** Current Weather forecast will dictate the start of day ("Road Course Opens") as early as 6am or as late as 8am. Dependent of that time the schedule will be adjusted accordingly. Athletes should be prepared to compete in the rain. Storm type weather and snow will create a delay and possible utilization of the rain/weather day on Monday May 13<sup>st</sup>, 2019 for the Primary, Juvenile, Freshman and Master athletes, and Tuesday May 14<sup>nd</sup>, 2019 for the World Class Athletes.

**7:00am Road Course Opens**

**ALL DIVISIONS PRACTICE-WARM UP PRIMARY, JUVENILE, FRESHMAN, MASTER and WORLD CLASS.**

**Will run the Juvenile to Master 100m if not ran the prior night, they will be place in the "5 MIN BREAK" Areas for rest purposes for the World Class athletes.**

Juvenile Girls	100m Sprint	Heats TBD
Juvenile Boys	100m Sprint	Heats TBD
Freshman Girls	100m Sprint	Heats TBD
Freshman Boys	100m Sprint	Heats TBD
Masters Women	100m Sprint	Heats TBD
Masters Men	100m Sprint	Heats TBD
Primary Girls	100m Sprint	Final
Primary Boys	100m Sprint	Final
Juvenile Girls	100m Sprint	Final
Juvenile Boys	100m Sprint	Final
Freshman Girls	100m Sprint	Final
Freshman Boys	100m Sprint	Final
Masters Women	100m Sprint	Final

Junior World Class Women	100m Sprint	Series
Junior World Class Men	100m Sprint	Series
Senior World Class Women	100m Sprint	Series
Senior World Class Men	100m Sprint	Series

**5 MIN BREAK**

Junior World Class Men	100m Sprint	Quarter Finals TBD
Senior World Class Men	100m Sprint	Quarter Finals TBD

**5 MIN BREAK**

Junior World Class Women	100m Sprint	Semis
Junior World Class Men	100m Sprint	Semis
Senior World Class Women	100m Sprint	Semis
Senior World Class Men	100m Sprint	Semis

**5 MIN BREAK**

Junior World Class Women	100m Sprint	Final
Junior World Class Men	100m Sprint	Final
Senior World Class Women	100m Sprint	Final
Senior World Class Men	100m Sprint	Final

Masters Women (25-34, 35-44, 45-54, 55 & up)	1500m	Final
Masters Men (25-34, 35-44, 45-54, 55 & up)	1500m	Final

Primary Girls & Boys	2000m Points	Final
Juvenile Girls & Boys	2000m Points	Final
Freshman Girls & Boys	5000m Points	Final
Masters Women	2000m Points	Final

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Masters Men	5000m Points	Final
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**Continued Sunday, May 12<sup>th</sup>, 2019**

**ROAD CHAMPIONSHIPS LUNCH BREAK** An official announcement will be made when to start back up

Primary Girls & Boys	1 Lap Circuit	Heats TBD
Juvenile Girls & Boys	1 Lap Circuit	Heats
Freshman Girls & Boys	1 Lap Circuit	Heats
Masters Women (Separate races 25-34, 35-44, 45-54, 55 & older)	1 Lap Circuit	Heats TBD based on specific age groups
Masters Men (Separate races 25-34, 35-44, 45-54, 55 & older)	1 Lap Circuit	Heats TBD based on specific age groups
Primary Girls & Boys	1 Lap Circuit	Final
Juvenile Girls & Boys	1 Lap Circuit	Final
Freshman Girls & Boys	1 Lap Circuit	Final
Masters Women (Separate races 25-34, 35-44, 45-54, 55 & older)	1 Lap Circuit	Final
Masters Men (Separate races 25-34, 35-44, 45-54, 55 & older)	1 Lap Circuit	Final
Junior World Class Women & Men	10k Points	Final
Senior World Class Women & Men	10k Points	Final

**AWARDS**  
**END OF DAY**

**Monday, May 13<sup>st</sup>, 2019**

**ROAD CHAMPIONSHIPS**

*Rain/Weather Day for the Primary, Juvenile, Freshman and Master Athletes. Current Weather forecast will dictate the start of day ("Road Course Opens") as early as 6am or as late as 8am Dependent of that time the schedule will be adjusted accordingly. Athletes should be prepared to compete in the rain, storm type weather and snow will create a delay and possible utilization of the rain/weather day on Tuesday May 14<sup>th</sup>, 2019 for the World Class Athletes.*

7:30 am Road Course Opens  
 World Class Warm-ups

8:00 am	Junior World Class Women & Men	1 Lap Circuit	Heats
	Senior World Class Women & Men	1 Lap Circuit	Heats

**5 MIN BREAK**

Junior World Class Women & Men	1 Lap Circuit	Quarter Finals TBD
Senior World Class Women & Men	1 Lap Circuit	Quarter Finals TBD

**5 MIN BREAK**

Junior World Class Women & Men	1 Lap Circuit	Semis
Senior World Class Women & Men	1 Lap Circuit	Semis

**10 MIN BREAK**

Junior World Class Women & Men	1 Lap Circuit	Final
Senior World Class Women & Men	1 Lap Circuit	Final

**BREAK** An official announcement will be made when to start back up

Junior World Class Women & Men	15k Elimination	Final
Senior World Class Women & Men	15k Elimination	Final

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Awards - End of Road Championships

Tuesday, May 14<sup>th</sup> 2019

Rain/Weather Day for the World Class Athletes.